

## We are offering a Sensory-Friendly Vaccine Clinic at our Bridgeport location!

### What is it?

The Sensory-Friendly Vaccine Clinic is for Metro Peds patients who experience high anxiety with needles or who have sensory processing challenges that impact their ability to get vaccines

The flu vaccine and COVID-19 vaccine (upon availability) will be offered with additional supports outside of our usual Comfort Promise options.

### What makes it different from a regular vaccine appointment?

- The Sensory-Friendly Vaccine Clinic will offer a variety of sensory and environmental supports to provide distraction and help kids and their families feel calmer about getting a shot.
- Some examples of these include:
  - ▶ Ability to check in by phone from the car and enter a back door instead of entering the lobby.
  - ▶ Option to have vaccines given in the car.
  - ▶ Sensory supports, such as low lighting, background music, noise-cancelling headphones, allergy-friendly snacks, fidgets, and more!
  - ▶ Option to bring comfort objects from home.
  - ▶ Visuals to help prepare your child for what will happen during the visit.
  - ▶ The usual Comfort Promise options will also be available (cold spray, ShotBlocker®, Buzzy® Bee).

### When is it?

- Thursday, October 17<sup>th</sup>: 1:30-2:00pm
- Friday, October 18<sup>th</sup>: 8:30-9:00am
- Thursday, October 24<sup>th</sup>: 8:30-9:20am
- Thursday, November 7<sup>th</sup>: 1:30-2:00pm
- Thursday, November 14<sup>th</sup>: 8:30-9:20am
- Thursday, November 21<sup>st</sup>: 1:30-2:00pm

### How do I schedule?

Please call the Bridgeport office at 503-214-2064 and ask to be scheduled for the Sensory-Friendly Vaccine Clinic.

### Where is it?

Metropolitan Pediatrics: Bridgeport  
7213 SW Hazel Fern Rd., Tigard, OR 97224