Metropolitan Pediatrics

Well Child Health Screen: 0-2 Months

Name: _____ **Birthdate**: _____ **Visit Date:**_____

General Health Updates

Who is completing this form?	☐ Mom ☐ Dad ☐ Other, please list:
Any questions, concerns, or problems you want to discuss today?	
Any updates to the patient's health? (i.e. new conditions, surgeries, etc.)	
Any family health, family status or social updates we should be aware of?	
Any concerns about development, learning or behavior?	
Who lives with the patient?	
Any smoke or e-cigarette exposure?	
Anything else you want to share? (milestones, proud moments, etc.)	

Development

The following section is used to make sure they are developing normally. Each set of milestones is generally achievable by 75% of children of the same age. If you have questions/concerns, please talk to your provider.

If they are nearest **2 weeks**, check the items they can do most of the time:	☐ Moves all extremities ☐ Pays attention to your face	☐ Responds to sounds
If they are nearest **4 weeks**, check the items they can do most of the time:	☐ Responds to sounds ☐ Follows you with their eyes ☐ Makes noises other than crying	☐ Lifts head when on tummy ☐ Smiles in response to you
If they are nearest **2 months**, check the items they can do most of the time:	☐ Makes sounds that let you know they are happy or upset ☐ Moves both arms and both legs ☐ Opens hands briefly	☐ Reacts to loud sounds ☐ Watches you as you move

Health Risk Screening

The following questions may prompt your provider to complete further testing, depending on the answer. Ask your provider if you have any questions about these health screening questions.

Do you have concerns about their eyes or vision?	☐ Yes	☐ No
Do you have concerns about their hearing?	☐ Yes	☐ No

Family Life

Does anyone in the home/family have problems with drugs or alcohol?	☐ Yes ☐ No ☐ Decline

Nutrition

What are they eating?	☐ Breastmilk ☐ Formula ☐ Both ☐ Other, describe:

Sleep

Healthy sleep is important for growth, development, and learning. Infants and toddlers may sleep 15-18 hours in a day, while school-aged children should be getting more than 10 hours a day. We do not recommend having a screen in their bedroom as this can affect sleep.

Where do they sleep?	☐ Crib ☐ Bed ☐ Co-sleep ☐ Other:
Do you put them to sleep on their back?	☐ Yes ☐ No

Safety

Is the baby riding in a rear-facing car safety seat in the backseat every time in a vehicle?	☐ Yes ☐ No